

Outline for 'Is this REALLY my Child' e-Seminar

Day 1

- Introduction
- ADD/ADHD vs. Temperamentally difficult Child
- Medication
- You are the one
- Correlation between Behavior and Food
- Water
- Food quality
- Sugar
- Food coloring, dyes
- Salicylates
- Accumulative effect
- Questions and Answers
- Homework

Day 2

- Overview from last session
- Salicylates
- How do put it all together
- Time line and implementation
- BECLL approach
Boundaries
Empathy
Consistency
Love
Laughter
- Questions and Answers
- Homework

Day 3

- Review Day 1 and 2
- BECLL Approach
- Environmental Culprits
- Is the program working for you?
- Reevaluation your child
- What does the body need?
- Nutrition
Protein
Carbohydrates
Fat
- Questions and Answers
- Follow up

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